

# INTERNATIONAL ASSOCIATION FOR ANTHROPOSOPHIC BODY Therapies

## STATUTES

### NAME, REGISTERED OFFICE, PREAMBLE AND PURPOSE OF THE ASSOCIATION

**Name:** International Association for Anthroposophic Body Therapies (IAABT)

**Registered office:** IAABT, Goetheanum, Medical Section,  
Dornach/Switzerland

### **Preamble**

The members of the IAABT see in Rudolf Steiner's anthroposophy a scientific method which enables them to acquire knowledge about the connections between the spiritual aspects in the human being and the human organism. They develop an understanding of pathologies and their healing processes on the basis of anthroposophic insight into the world and the human being. Healing processes are stimulated through therapeutic work on the physical body through touch (such as massage), movement, baths and external applications. This augments and supplements conventional medical training in the various types of body Therapies, while fully recognising their validity and value. Beyond their specific occupations, the members of the IAABT endeavour to advance anthroposophy. They engage in ongoing further development of their capacities in anthroposophy, both with regard to Therapies, the personal path of schooling of the therapist, his or her social and ethical attitude, the respect for one's fellow human beings, and the sustainable use of the environment. Research and further development in the field of anthroposophic body therapies is a core aim of the IAABT. The IAABT promotes the basic and advanced training of body therapists who wish to extend their therapeutic work with the methods of anthroposophic spiritual science. Knowledge about anthroposophic body therapies is open to anyone interested. The IAABT advocates therapeutic freedom and a diversity of methods.

## **Purpose**

The IAABT

- is responsible for developing its own certification requirements:
  1. To do this a commission of IAABT members shall be formed, including at least one representative of the Medical Section. The Council gives the members of the commission their mandate to work out the certification requirements.
  2. This group shall take the following parameters into account:
    - a) The prerequisite is to have medical training that entitles one to treat unclothed patients (according to the laws of the country in question).
    - b) A completed basic or advanced anthroposophic training.
    - c) Further development of these certification requirements shall be based on procedures arising from the collaboration with IKAM.
  3. The proposal, once ready, shall be made available to the members (by email) at least two months ahead of the Members' Meeting.  
The proposal shall be thoroughly discussed at the Members' Meeting before a vote is taken.
  
- sees itself as a perceptive and coordinating organ for the concerns of its members
- promotes networking and collaboration among the members, as well as the formation of networks to promote the establishment of practices, therapeutic communities and therapeutic centres
- helps with the recognition and promotion of the various anthroposophic body therapies, including training
- wants to support the representation of anthroposophic body work to the public as well as the collaboration with appropriate institutions
- aims to promote basic and advanced training, as well as research, in the various therapies of the IAABT
- offers the different methods opportunities to meet
- wants to collaborate with similar associations, organisations and interested institutions
- wants to exert influence on the national and international legal safeguards for anthroposophic body therapies and champions therapeutic freedom and pluralism in medicine.
- can represent therapeutic methods with regard to authorities, courts, health insurance companies and other relevant organisations.
- identifies its position on professional ethics, which shall be agreed at the Members' Meeting
- is responsible for certifying those wishing to become anthroposophic body therapists.

## **Non-profit status**

The Association is subject to Swiss association law, Civil Code Art. 60. ff.  
It thus directly pursues non-profit aims.

The funds of the incorporated body may only be used for the purposes as set out in the statutes.

The members shall not receive any allocations from the funds of the incorporated body.

No one may obtain benefit through expenditures which lie outside the purposes of the incorporated body or through disproportionately high remuneration.

## **MEMBERSHIP**

Any therapist who accepts the purpose and Preamble of the Association may become a member.

### **Forms of membership:**

#### **Active**

All those who are entitled to receive an IAABT certificate.  
Every active member has one vote.

#### **Passive**

Persons who are training to become an anthroposophic body therapist (ABT).  
Persons without certification but who are members of a corresponding professional group. Passive members have the right to make use of all the services provided by the Association. They are invited to the Members' Meeting and have the right to be heard but no voting rights.  
Anyone who wishes to support the work of the IAABT can become a passive member.

#### **Supporting member**

All natural and legal persons who wish to support the work of the IAABT can become supporting members. Every supporting member can attend the members' meetings but does not have any speaking or voting rights.

## **Honorary membership**

The Council can honour meritorious work in the professions covered by the IAABT by appointing honorary members. They retain their membership status and do not pay any membership contributions.

## **Obtaining membership**

Any certified ABT can apply in writing for admission to the IAABT. The Council shall decide on admissions.

## **Membership contributions**

Each member shall pay an annual contribution, the level of which shall be determined by the Members' Meeting. Additional contributions are welcome. They can be acknowledged by a donation receipt. The Council can grant a reduction with good reason.

## **Voting/elections:**

Only the active members present shall be entitled to vote. Voting on the items on the agenda shall be by simple majority of the active members present. Voting shall be carried out by secret ballot if a member so wishes.

## **Resignation/notice of cancellation**

Notice of cancellation: no later than September for the current calendar year. The notice of termination must be addressed in writing to the Council. Membership shall end on the death of a member.

## **Exclusion**

A member can be excluded from the Association by a unanimous decision of the Council. The reasons shall be communicated confidentially. It is possible to appeal against exclusion. The Members' Meeting shall decide thereon.

## **ORGANS**

### **Members' Meeting**

## **Ordinary Members' Meeting**

An ordinary Members' Meeting shall take place every year.

The date shall be communicated at least three months in advance by email or, if requested, by post.

Motions with grounds may be submitted in writing to the Council no later than six weeks before the Members' Meeting.

These motions shall become an element of the agenda.

The invitation and the agenda shall be issued no later than four weeks in advance.

The Members' Meeting shall resolve on all significant affairs of the IAABT. Its decisions thus take precedence over all others in the Association. Its decisions are binding for all other organs of the Association.

Its tasks include in particular:

Election of the Council,

Receipt of the activity report as well as report and statement of accounts,

Granting discharge of the Council,

Amending the statutes and

Dissolving the Association.

The Members' Meeting shall, furthermore, resolve on corporate memberships and their annual contributions.

The Members' Meeting shall adopt its resolutions by a simple majority of the votes.

Amendment of the statutes, including amendment of the purpose of the Association, requires a two thirds majority of the active members present.

Minutes of the Members' Meeting shall be prepared which shall be signed by the minute taker and an additional member of the Council.

The Members' Meeting shall discuss and resolve on the membership contributions.

Two auditors shall be chosen by the Members' Meeting. Their task is to audit the annual accounts, report to the Members' Meeting and propose a motion of discharge.

## **Extraordinary Members' Meeting**

The Council can call an Extraordinary Members' Meeting.

It must be called if 10% of the active members wish this to be done.

The invitation to the Extraordinary Members' Meeting specifying the agenda shall be issued by email or, on application, by post no later than four weeks in advance.

Motions for the agenda shall be submitted to the Council in writing with grounds no later than two weeks before the meeting date.

The motions shall be communicated to the members in writing by no later than one week before the meeting date by email or, on application, by post.

## **Council**

The Council shall be responsible for executing the tasks of the IAABT as set out in the statutes.

It shall support and coordinate free initiatives and working groups from among the members.

Half the Council shall consist of members of the IAABT who may not hold any functions in other associations. The other half shall consist of members proposed by the method associations. A further member shall be proposed by the Medical Section and the latter may not hold any functions in other associations either.

The Council must thus have a minimum of three members. All members must be elected by the Members' Meeting.

Each year, a quarter of the Council members shall be elected in rotation by the Members' Meeting for a term of four years.

Re-election is permitted.

If a Council member drops out during his or her term, the Council as a whole shall appoint a successor until the next Members' Meeting.

Members appointed in the interim shall be integrated into the rotation.

The Council may appoint a chief executive. It may grant authority to the chief executive or individual members to undertake specific tasks on behalf of the IAABT.

The Council shall give itself its own standing orders. They must be approved by the Members' Meeting.

Remuneration/reimbursement of expenses may also be regulated therein.

Working groups and specialist groups may be formed within the Association with the consent of the Council.

In legal matters the IAABT shall be represented by two members of the Council.

Two members signing jointly shall be authorised signatories.

The Council forms itself.

## **FINANCES**

### **Financing:**

The Association shall be financed by membership contributions and donations.

The members shall not receive any share in the profits and neither shall they, in their capacity as members, receive any other allocation from the funds of the IAABT.

The IAABT may not benefit any persons or institutions through expenditures which lie outside its purpose, or through disproportionately high remuneration.

The assets of the Association shall be solely liable for the liabilities of the Association. Personal liability of the members is excluded.

## **Financial year**

The financial year shall correspond to the calendar year.

## **CONCLUDING PROVISIONS**

### **Dissolution**

The dissolution of the IAABT shall be resolved by a Members' Meeting specifically called for that purpose and the vote of a two thirds majority of the members present.

If the Association is dissolved or discontinued, or if its current purpose ceases to apply, then the assets of the Association shall be allocated to organisations or associations which shall use them exclusively and directly for non-profit purposes.

The Members' Meeting dissolving the Association shall resolve on allocation to one or more suitable institutions.

In such an event resolutions adopted may only be implemented following approval from the competent tax office.

Read, approved and signed on