



## International Association for Anthroposophic Body Therapies

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### IAABT Member Letter – February 2022

Dear members, interested people and friends of body therapies,

**IAABT** is a member of [IFAT](#), [ANME](#) and [EUROCAM](#) - how does this work and what does it mean?

Again and again we receive the question:

**"What do you actually do in IAABT and what is the work good for?"**

We would like to tell you the following in this letter to our members:

The **IAABT** is an international organisation that was founded in Dornach in 2011 and has its home in the Medical Section at the Goetheanum. It is a platform on which the networking and promotion of anthroposophic body therapists from all over the world can experience an exchange. The concern is the further development of body-therapeutic methods on an anthroposophical basis and their training possibilities and much more, which is comprehensively explained on the website.

When the association was founded, it was important that individuals should be able to become members, as in the wider world outside the German-speaking countries it is much more difficult for individual anthroposophically working therapists to make contact with each other. There are no professional associations as we are used to or other unions where exchange and mutual support is possible.

Now one could get the idea that these people should become members, but I stay in my professional association and that is enough for me. This attitude is very understandable, but our work can only be fruitful if we receive support, including financial support in the form of membership fees, from as many therapists as possible, also from countries with their own associations.

This means that **IAABT** needs people who show solidarity with the idea of supporting an organisation through membership, which may not seem so important to them at first.

In 2021 the **IAABT** made a major contribution to the further development and networking within and outside Anthroposophic Medicine by helping to plan and implement the further development of IFAAET (International Federation of Anthroposophic Arts and Eurythmy Therapy) into [IFAT](#), "International Federation for Anthroposophic Therapies".

Through IFAT we have since also become members of the two NGOs active at European level, ANME (Association for Natural Medicine in Europe e.V.) and [EUROCAM](#) (European Complementary and Alternative Medicine).

At the moment it is so important to be informed about what is happening politically at national and European level. What is the position of Anthroposophic Medicine, and thus also of anthroposophic body therapies, when decisions are taken in Brussels on questions of medical care?

This (and more) is possible in a new, more efficient way than before through the association within [IFAT](#).

[IAABT](#) has made a significant contribution to the development of all existing body therapy associations, as [IFAT](#), as an international and interprofessional umbrella organisation, can now offer all our associations their own membership.

All this can only be achieved with a great commitment of time from our board members and partly also with financial commitment and for this we need your support!

Even if you are a member of your own professional association, stay in [IAABT](#) so that we can continue to be effective at the international level.

Finally, we would like to invite you to come to our **Perspectives Conference**. It will take place on **June 3 and June 4, 2022** in the Anthroposophical Centre in Kassel.

You can find the programme and the registration form shortly on our website.



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Warm greetings from the Executive Committee

Almut Karges, Almuth Steyer, Christina Spitta, Dieter Bigler, Elma Pressel, Gudrun Rehberg und Helmut Mayer.

E-Mail: [info@iaabt-medsektion.net](mailto:info@iaabt-medsektion.net)



*Imprint:*

Medical Section at the Goetheanum  
PO Box, 4143 Dornach, Switzerland  
[Unsubscribe Newsletter](#)