



## International Association for Anthroposophic Body Therapies

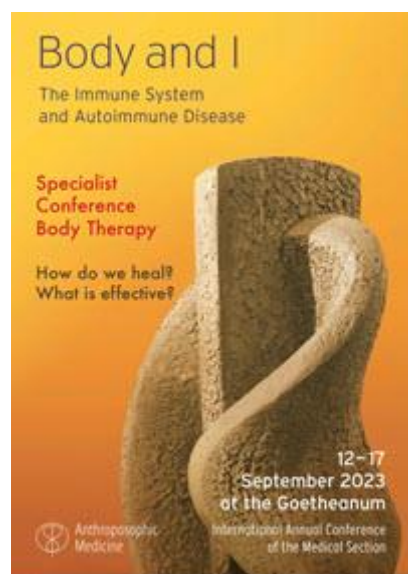
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### Invitation to the Specialist Conference Anthroposophic Body Therapies Sep. 12–14, 2023 at the Goetheanum "How do we heal? What is effective?"

Dear colleagues from all areas of Anthroposophic Body Therapies worldwide,  
We would like to draw your attention once again to our specialist conference on  
Body therapies, which will take place from September 12–14.

At the beginning there will be a presentation of a patient with multiple sclerosis  
who will be present and introduce herself and her disease.

Using her example, we would like to develop points of view on therapy and on the  
basis of the different body-therapeutic methods. How can we awaken our patients'  
will to heal and encourage them to become more familiar with their own bodies  
and to harmonise their immune systems?



[Tickets](#) | [Program](#)

What spiritual goals, thoughts, feelings and ideas do we develop within the framework of our therapeutic work? The aim is to work out the active principles of Anthroposophic Body Therapies in this way and to make their individual characteristics visible and comprehensible.

We are also very much looking forward to the contributions of Adam Blanning, Hannie Bakker and Frank Slaat in the second part of our symposium!

It would be great if we could welcome many of you personally and if the richness of the many different body-therapeutic treatment approaches could be brought to bear through your participation!

For the planning greetings

Almut Karges, Almuth Steyer, Gudrun Rehberg, Elma Pressel



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