



Anthroposophic Body Therapy
in Interdisciplinary Dialogue

TRAUMA
RESILIENCE

Advance notification

International Specialist Conference
at the Goetheanum in Dornach (Switzerland)

1 to 4 May 2019



IAABT

International Association for
Anthroposophic Body Therapy

Goetheanum

Lectures

- Christian Schopper
- *The body as a memory reservoir and its reaction to trauma*
 - *Resilience capacity*
- Bernd Ruf
- *When the unthinkable happens ...
How emergency education can help traumatised children and young people to process their shocking experiences.*
- Albrecht Warning
- *"Fragmented destiny – in search of meaning"
(Moderated plenary discussion)*
- Case vignettes
- on the conference subject matter such as rhythmical massage therapy, embodiment, massage as developed by Simeon Pressel, Eutony and Bothmer gymnastics*

Morning courses

Meditation / Bothmer® Gymnastics/ Spacial Dynamics® / Loheland Gymnastics / TaKeTiNa

Interdisciplinary workshops and seminar groups

Rhythmical Massage Therapy / Oil Dispersion Baths Therapy / Bothmer® Gymnastics and Eutony / Spacial Dynamics® / Loheland Gymnastics / Chirophonetics / Craniosacral Therapy / Meditation / Massage as developed by Dr. Simeon Pressel / Chirophonetics / Introduction to Anthroposophic Medicine / Physiotherapists' meeting / Market place, etc.

Requested

Plastic Embryology, Anatomical Drawing, among others.

Free initiatives

- *New developments in RHM / Osteopathy*
- *Oil Dispersion Baths for traumatised children*
- *Resilience in Complementary Therapy*

Preparatory Group

Albrecht Warning, Almut Karges, Bianca Tietz, Birgit Schopper, Christina Spitta, Christine Mareending, Conrad Lorenz, Elma Pressel, Helmut Mayer, Jan-Gabriel Niedermeier, Reinhold Schön, Rozanne Hartmann, Sabine Nagel and Sonja Pecht!

*for the Medical Section at the Goetheanum
and the International Association for Anthroposophic Body Therapy (IAABT)*

Latest information

www.iaabt-medsektion.net

–Subject to change–